

# Psychological of Science Article (POSA)

## *How Will the Psychology of Technology Affect Our Future*

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The term "psychological impact" can be defined as the effect that an individual's behavior has on others. It is a concept of study that attempts to explain human behavior in terms of the cognitive and affective components. Many theories in the social sciences attempt to explain such phenomenon as trauma, autism, creativity, and poverty. However, some remains unaddressed as well. The goal of this article is to describe how psychology may impact your career path and how you can apply these theories to achieve your goals.

A review of recent literature provides an interesting thread to follow. Researchers note that some forms of trauma can result in long-term psychological and mental health problems. For example, post-traumatic stress disorder is associated with greater risk of depression, substance abuse, and suicidal thoughts and behavior. Other types of trauma, such as the aftereffects of physical violence, are associated with less severe psychiatric disorders, such as post-traumatic stress disorder and substance abuse. In these circumstances, psychologists who work with survivors and victims integrate psychological distress as a function of the resulting behaviors and reactions.

Social scientists note that instances of psychological trauma are likely to occur when people are confronted with a threatening or painful experience (such as a death). When the victim is not expecting such a reaction, the reaction is likely to be intense and prolonged. However, there is a difference between expecting an emotional response and experiencing one. According to research, post-traumatic stress disorder is most likely to occur when individuals are exposed to an extremely distressing event, such as the aftermath of a natural disaster, or when they become involved in a violent act of crime.

Psychology professionals note that post-traumatic stress disorder and other psychological problems can affect an individual's ability to make good decisions and can increase the likelihood of panic attacks. This can have a profound impact on career choices and the quality of life. It can also lead to difficulties functioning in relationships. As a result, individuals with mental health issues may feel that they need to withdraw from society and may find that they are unable to maintain employment. This can have a detrimental effect on the economy, which has been a key contributor to the nation's recovery from the recent economic crisis.

When considering whether a person's job performance is affected by their mental health issues, psychologists stress the importance of addressing the problem, early in the course of the pandemic. This is because a pandemic can have a significant psychological impact on the emotions and behaviors of individuals. In the case of a severe outbreak, public safety officials often remind people that it's important to exercise caution and be alert. Public health professionals also recommend that people check themselves for physical symptoms at least twice each day to monitor for changes in their stress levels and general health.

According to research, the pandemic of clownfish in the year 2021 may cause increased psychological anxiety, along with higher healthcare costs. The reason behind this finding

is that clownfishes are known to have a strong sense of social hierarchy. Therefore, the presence of many new clownfish could lead to greater conflict within the breeding population, causing a decline in reproductive ability.

Psychologists say that addressing potential concerns about the possible impacts of a pandemic like clownfish in the future will require greater collaboration between researchers, health officials, and social scientists. This effort will be especially important if researchers discover that clownfishes are genetically programmed to respond to changes in their environment, increasing the likelihood of drastic health consequences for members of their community. Fortunately, efforts to address potential threats or concerns are already underway. For example, numerous studies are currently underway to evaluate the implications of a suspected pandemic on human behavior. In addition to studying how the psychological impact of a potential outbreak will vary between age, gender, and social status, researchers will also be assessing how individuals' coping skills will change.

For those interested in the future of the psychology of technology and the impact it may have on our future mental health, Dr. Eric J. Brownell, an author, researcher, and technology adviser at the Massachusetts Institute of Technology, is suggesting that there will be two major psychological effects for those who are already using Google's popular search engine. One will be an increase in creativity and innovation, while another will be an increase in empathy and social skills. According to Dr. Brownell, "We know that people who use Google are much more creative and innovative than those who do not. However, we don't know whether this is true for other platforms. But we do know that the results of a Google Search result on 'ideas' and 'books' can greatly influence the number of books and ebooks of particular topics and the number of articles written about those topics."

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